For These Brief Moments

I measure time by the angle dim slivers of light enter my room each morning from behind ever-closed curtains, by the way their faint glow subtly shifts through the day, until it fades beyond the reach of dusk.

One year bedbound, I lose track of the natural world, the only place I didn't question if I belonged. Yet strains of it still drift through walls in birdsong, distant banter of crows, whispered echoes of rain.

Spring's finches grow chummy in summer. Each day, around noon settling on the windowsill just above my head, bathing in the warmth of the sun for much of the afternoon.

I can't see them but hear soft scraping of claws scampering about, occasional fluttering of wings, bickerings over who sits where. And for these brief moments I am not lonely.