We Will Reach this Beach

All we want is to grab youth with both hands. Instead health slips through our fingers like sand. But we hope it will fall into a beach of gratitude. Where with strengthened arms in the sunrise we will build castles of belief. The proof being that their towers will reach creativity skies. Their moats will run deep with insight and flow into the sea of many friendships, where the waves will gleam with the light of mutual understanding and respect.

Sylvia Lara Lake 25 September 2023